

Meanwood Whole School Physical Education Curriculum Map



Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	Dance: Ourselves		Ball Skills Hands 1		Gymnastics: High, Low, Over, Under		Locomotion: Walking and Jumping		Ball Skills Feet		Ball Skills Hands 2	
Year 1	Team Building	Gymnastics: Wide, Narrow, Curled	Ball Skills Hands 1	Dance: Growing	Ball Skills Feet	Gymnastics: Body Parts	Ball Skills Hands 2	Dance: The Zoo	Locomotion: Jumping	Games For Understanding	Locomotion: Running	Health and Wellbeing
Year 2	Locomotion: Dodging	Gymnastics: Linking	Ball Skills Hands 1	Dance: Explorers	Ball Skills Feet	Gymnastics: Pathways	Ball Skills Hands 2	Dance: Water	Locomotion: Jumping	Team Building	Games for Understanding	Health and Wellbeing
Year 3	Invasion: Netball	Invasion: Football	Gymnastics: Symmetry & Asymmetry	OAA: Communication	Invasion: Dodgeball	OAA: Problem Solving	Invasion: Tag Rugby	Throwing & jumping	Net / Wall Tennis	Dance: Greeks	Striking & Fielding Rounders	Athletics
Year 4	Invasion: Handball	Swimming	Gymnastics: Bridges	Swimming	Dance: Weather	Swimming	Invasion: Basketball	Swimming	Net / Wall Tennis	OAA: Orienteering	Striking & Fielding Rounders	Athletics
Year 5	Invasion: Basketball	Invasion: Football	Athletics: Running	Gymnastics: Counterbalance & Tension	Dance: Space	Health Related Exercise	Invasion: Tag Rugby	OAA: Communication	OAA: Orienteering	Net / Wall Tennis	Striking & Fielding Cricket	Athletics
Year 6	Invasion: Handball	Health Related Exercise	Invasion: Dodgeball	Gymnastics : Matching & Mirroring	Invasion: Netball	Dance: Carnival	Throwing & Jumping	OAA: Problem Solving	OAA: Communicatio n	Net / Wall Tennis	Striking & Fielding Cricket	Athletics: Competitions



